

Growth Group Discussion Guide

Go to concorddallas.org to join a growth group and learn more.

- **Read Philippians 4:6-8. The above and beyond peace.** Have you ever felt overwhelmed or experienced sleepless nights because of a situation in your life? What does God challenge us to do in this passage when those feelings come? What does He promise to do? What does it mean to have peace beyond our understanding? Can you think of a time when God gave you a sense of overwhelming peace in the midst of a chaotic situation? What do you remember most about that time? What does it mean for God's peace to guard our heart and mind? Do you believe God is able to give you peace no matter what you are facing?
- **Read Psalms 46:10. The stillness of peace.** Many people try everything else before they seek Jesus. Has God ever told you to "Be still?" Were you obedient, or did you feel like you had to take control of the situation? Do you feel a sense of peace, just knowing that God is God? Is that enough for you, or do you want more? How can we experience God's peace by just being "still" in His presence? What does God do in the quiet, still moments of life? Can you think of a time in your life where God had to "still" you so that he could give you peace during a very troubled time? How would you describe the peace you felt? When you experience God's peace, do you feel it brings you closer to Him? In what way(s)? How can we share God's peace with others?
- **Read Mark 4:35-41. The peace in the midst of the storm.** Though the path of a storm may be unpredictable to meteorologists, the storms of life never catch Jesus off guard. Do you feel peace in knowing that Jesus knows everything and that nothing catches him by surprise? How might knowing that Jesus never gets tired or takes a break, give you peace? Have you ever doubted that Jesus would rescue you in the middle of a storm? What made you doubt Him? What must you do to ensure that you trust Him when the storms begin to rage in your life?
- **Read I John 14:27. The unending supply of peace.** God's peace never runs out. God gives us a peace that can overcome anything. Do you feel that somehow you have lost your peace? Has something or someone stolen your peace? Why do you think God felt we would need His peace? How does fear rob us of our peace? What are you afraid of? What are some things that hinder peace in our lives? What steps can you take to remove those hindrances from your life so that you can enter a new season of peace?
- **Taking It Home: How Will I Apply It:** Identify one thing that keeps you from allowing Jesus to be the Prince of Peace in your life and begin praying for God to help you to surrender it to Him. Practice peace by praying every time you are tempted to worry, and watch as God meets every need in your life.

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