

MAN UP SERIES

"A Man & His Wounds"

1. FATHER Wound. (2 Tim 1:5)

- The father wound is "an ongoing EMOTIONAL, SOCIAL, OR SPIRITUAL DEFICIT ordinarily met in a healthy relationship with DAD that must be overcome by other means.

Keys to Healing:

- Face the WOUND with the HELP OF GOD. (1 Pet 2:24)
- FORGIVE your FATHER and RELEASE him to GOD. (Gen 50:19 – 21)
- Find your value in being a child of GOD.
- Break the CYCLE, be an INVOLVED DAD.

2. MOTHER Wound. (John 2:4; Matt 20:20 – 21)

- The MOTHER wound is "an unhealthy emotional relationship with mom that causes a son to either be threatened by the influence of women later on in life or to over-identify and become submissive to the influence of women."
- The MOTHER wound will often lead to two things: the SOFT male or the DOMINANT male.

Keys to Healing

- Every man needs to make a HEALTHY BREAK FROM MOM. (Gen 2:24)
- Move from PLEASING MOM to PLEASING GOD.
- LEARN ABOUT AUTHENTIC MANHOOD.

3. ALL - ALONE Wound. (Prov 27:17; 17:17; 19:20)

- The all-alone wound is a result of a man attempting to LIVE LIFE ALONE.

Keys to Healing

- A man heals this wound by embracing that every man needs a friend AHEAD, BESIDE and BEHIND.

TEXT QUESTIONS TO: 214.470.8543 (12:45pm Service ONLY)

Growth Group Discussion Guide

Go to concorddallas.org to join a small group and learn more.

Read Esther 1: 10-18. The pain of disrespect. How do you think King Xerxes felt when Queen Vashti refused to come when he summoned her? Did it matter that Queen Vashti's refusal was public? How important is respect to a man? Think back to a time when you felt disrespected. How has that incident affected your relationship with that person? Have you forgiven them? If not, what would it take for you to forgive that person? Why is it important to forgive?

Read I Samuel 15:17-23. The pain of rejection. Saul was anointed by God as King over Israel, but his disobedience led to rejection by God. Have you ever felt the pain of rejection? Think back to a project at work or at school. You spent a lot of time and effort on the assignment, but you did not receive a good grade or your work was heavily criticized. Or, perhaps you practiced all summer, but did not make the team. Was it because you failed to do what was necessary to complete the task? How can shortcuts prevent us from reaching the place where God wants us? Why is it important to follow instructions? Why is obedience better than sacrifice? What are some steps we can take to overcome the pain of rejection?

Read 2 Samuel 11: 2-15. The pain of betrayal. Have you ever felt the sting of betrayal from a trusted friend? How did you respond? Did you confront the person? Did you seek revenge? How does God want us to respond to betrayal? What example did Jesus provide when He was betrayed by his disciple, Judas? How does God feel about our attempts to cover our sin? What are some of the consequences of betrayal?

Read Judges 16:4-6, 16-22. The pain of a broken heart. Why did Samson trust Delilah? How do you think he felt when he realized she sought to bring harm to him? Why is it so hard to let go of a relationship when we know it is not God's best for us? What prevented Samson from seeing Delilah's true character? How important is character in a relationship? How important is it to listen to wise counsel about our relationships? Why is it so hard to trust and love again after we have been hurt? What steps can you take toward the pathway of healing? What will you do differently in your next relationship?

Taking It Home: How Will I Apply It: Identify at least one pain in your life that you have been struggling to overcome and begin praying for God to heal your heart? Ask God to help you to use your pain for His purposes. You may need someone to hold you accountable to ensure that you take the necessary steps. Share this with a trusted friend and watch God heal you. God wants to heal you where you hurt.